

From The Chef's Table



Culinary Trivia

How much chocolate can prove lethal to a small dog?

Never give a dog chocolate, as it contains theobromine, which is a central nervous system stimulant. As little as 2 ounces can be lethal to a small dog.

Cooking Tips

PANCAKES

- Do not over-mix the batter, stir just until blended.
- Heat a heavy griddle or skillet and grease it lightly (a non-stick cooking spray works fine.) If the batter contains a high fat content (at least 2 tablespoons of fat per cup of liquid) the griddle will not need to be greased.
- For a thicker pancake, add 1 tablespoon of flour to the mixture.
- For thinner pancakes, add a little water at a time to the mixture, until desired consistency is achieved.
- Test the temperature of the griddle by dropping a few drops of water on it. If the water bounces and sputters, the griddle is ready.

Customer Request Corner & Special Items to Look For

- Now that Fall has Arrived, look for new menu items weekly in all our Cafe's
- Navy Bean Soup Wednesday
- Salmon Cakes on Wed. and Friday
- Check out our Guest Restaurant Kababji in the Whitten Café on Wednesday

Check out these Local Products this week

Eggplant
Suntan Peppers
Red, White, and Sweet Potatoes
Wild Flower Honey
Mushrooms
Beets
Kale
Asian Pears

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