USDA Dining Room

MONDAY

Menu

Spicy Curry Chicken
Lemon Pepper Tilapia
Chana Masala
Indian Rice
Spiced Green Beans
Cumin-Roasted Potatoes

Soups

Creamy Tomato

TUESDAY

Menu

Jamaican Jerk Chicken
Hawaiian Mahi Mahi
Creamy Herbed Pasta with Greens & Mushrooms
Wild Rice
Roasted Brussels Sprouts
Green Beans and Snow Peas with Garlic Puree

Soups

Tomato with Garden Vegetables

Specials

Menu for November 18th-22nd
Join us on Tuesday 11:30am-1pm
for free pie samples in South Cafe!

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WEDNESDAY

Menu

Crab-Stuffed Swai
Turkey Meatloaf with Brown Sugar Ketchup Glaze
Steamed Broccoli
Rosemary Roasted Potatoes
Steamed Corn
Wild Rice Pilaf

Soups

Black Bean

THURSDAY

Menu

Roasted Turkey
Smoked Virginia Pit Ham
Mac and Cheese
Red Bliss Mashed Potatoes
Roasted Garlic Green Beans
Stuffing and Gravy
Cranberry Relish

Soups

Butternut Squash

Specials

Visit our dietitian for Wellness Wednesday 11:30am-1pm!

FRIDAY

Menu

Steamed Tilapia with Cilantro Pesto
Salisbury Steak
Eggplant Pomodoro Pasta
Red Bliss Mashed Potatoes
Green Beans with Roasted Onions and Garlic
Caramelized Carrots

Soups

Tarragon Roast Turkey with Rice

SATURDAY/SUNDAY

Have A Great Weekend!

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Specials

Visit our dietitian at the USDA Farmer's Market 11:30am-1pm on Friday! It's the last of the season!