USDA Whitten Cafe

Specials

Menu for the Week of August 26th-30th

MONDAY

Menu

Italian Theme

Tilapia Almondine with Lemon and Garlic
Spicy Roasted Chicken Putanesca
Garlic Sauteed Spinach
Brown Rice with Scallions
Balsamic Roasted Vegetables
Pasta with Herb Mushroom Cream Sauce

Sandwich Special- Meatball Sub

Soups

Summer Vegetable
Hot and Sour

TUESDAY

Menu

BBQ Theme

BBQ Chicken with Sweet Corn Relish
Slow Roasted Pork Loin in Balsamic BBQ Glaze
Summer Squash and Carrot Stir fry
Steamed Vegetable Dumpling
Southern Style Corn Pudding
Red Pepper and Ricotta Fritatta

Sandwich Special- Quesadilla

Soups

Reduced Sodium Ten Vegetable
Black Bean

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WEDNESDAY

Menu

Hawaiian Theme

Spicy Jerk Chicken
Steamed Tilapia
Honey Glazed Carrots
Jamaican Curried Potatoes
Sauteed Green Beans
Quinoa with Dried Cranberries, Almonds and Apricots

Soups

Reduced Sodium Jambalaya
Minestrone

THURSDAY

Menu

Asian Theme

Sweet Thai Chili Steamed Fish
Pork with Broccoli
Lemon Steamed Broccoli and Carrots
Whole Wheat Pasta with Eggplant and Tomato
Singapore Noodles
Garlic Roasted Vegetable Medley

Soups

Pasta E Fagioli
Sweet Cherry Tomato

FRIDAY

Menu

Chef's Special

Seared Swai with Tomato Glaze
BBQ Glazed Meatloaf
Spanish Brown Rice
Herb Garlic Green Beans
Vegetable Delight
Vegetable Lo mein

Soups

Chicken Pot Pie Soup
Vegetarian Split Pea

SATURDAY/SUNDAY

Have A Great Weekend!

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Specials

Coming Soon!