USDA South Cafe

Specials

Menu for April 29th-May 2nd

MONDAY

Menu

American Classic

Spinach-Artichoke
Bread Pudding
Spaghetti Carbonara
Peruvian Roast Chicken
Burgundy-Style Beef Stew
Spicy Cornmeal-Crusted Chicken
Maple-Glazed Sweet Potatoes
Steamed Green Beans
Pork Tenderloin w/ Cherry Salsa
Grilled Catfish
Provencal w/ Lemon
Turkey
Savory Stuffing
Gravy

World Cuisine

Steamed White Rice
Vegetable "Unfried" Rice
Steamed Vegetable Dumplings
Vegetable Spring Roll
Vegetable Lo Mein
General Tso's Chicken
Kung Pao Pork
Sauteed Cabbage & Carrots
Sauteed Green Beans
Fish in Black Bean Sauce
Beef with Broccoli

Soups

Soup Du Jour
Hot and Sour
Italian Wedding

TUESDAY

Menu

American Classic

Pasta E Fagiole
BLT Risotto
Cumin and Ancho Chicken
Plcante Beef
Chicken Milanese
Olive Oil Roasted Potatoes w/ Rosemary
Summer Squash & Carrot Saute
BBQ Ribs
Shrimp in Spicy Chile Sauce
Turkey
Savory Stuffing
Gravy

World Cuisine

Steamed White Rice
Vegetable "Unfried" Rice
Steamed Vegetable Dumplings
Vegetable Spring Rolls
Sesame Chicken
Taiwanese Rice Noodles
Hunan Pork
Black Pepper Beef
Sauteed Green Beans
Mapo Tofu
Fish in Coconut Sauce

Soups

Soup Du Jour
Black Bean
Egg Drop

USDA South Cafe

WEDNESDAY

Menu

American Classic

Southwestern Smothered Turkey
Meatloaf
Shrimp, Tomato, and Basil Pasta
Chicken w/ Meyer Lemon Salsa
Braciole Beef
Ginger-Curried Chicken Wings
Cheddar Baked Potato Au Gratin
Cumin Roasted Cauliflower w/Yogurt
Salt & Pepper Pork
Lime -Roasted Salmon Side w/ Pico de Gallo
Turkey
Savory Stuffing/ Gravy

World Cuisine

Steamed White Rice
Vegetable "Unfried" Rice
Steamed Vegetable Dumplings
Vegetable Spring Rolls
General Tso's Chicken
Vegetable Lo Mein
Double Pork in Garlic Sauce
Steamed Beef with Broccoli
Sauteed Green Beans
Saute Squash an Zucchini
Spicy Fish in Garlic Sauce

Soups

Soup Du Jour
Hot and Sour
Split Pea Soup with Ham

THURSDAY

Menu

American Classic

Oven Baked Ravioli
Mexican Rice Casserole
Chicken and Andouille Jambalaya
Spicy Skirt Steak Fajita
Chicken Marsala
Herb-Roasted Red Bliss Potatoes
Punjabi-Style Cabbage
Braised Pork Carnitas in Mexican Achiote Sauce
Poached Tilapia
Turkey
Savory Stuffing
Gravy

World Cuisine

Steamed White Rice
Vegetable "Unfried" Rice
Steamed Vegetable Dumplings
Vegetable Spring Rolls
Orange Chicken
Singapore Rice Noodles
Pork in Broccoli
Spicy Asian Wings
Sauteed Green Beans
Mushrooms in Oyster Sauce
Fish w/ Thai Chili Sauce

Soups

Soup Du Jour
Chicken Noodle Soup
Westlake Soup

Specials

Stop by and Focus on Fiber and Whole Grains with our Dietitian on Wednesday!

FRIDAY

Menu

American Classic

Linguine w/ Italian
Tuna & White Beans
BBQ Chicken w/ Sweet
Corn Relish
Salisbury Steaks w/
Roast Mushrooms
Filipino Chicken Adobo
Molasses Baked Beans
w/ Grilled Onions
Lemon Steamed
Broccoli and Carrots
Pork Loin w/ Diced
Fruit & Orange Cider
Glaze
Poached Pollock
Chef's Special
Turkey
Savory Stuffing
Gravy

World Cuisine

Steamed White Rice
Vegetable "Unfried"
Rice
Steamed Vegetable
Dumplings
Vegetable Spring Rolls
General Tso's Chicken
Vegetable Lo Mein
Pork in Black Bean
Sauce
Steamed Beef with
Broccoli
Sauteed Green Beans
Chinese Eggplant in
Garlic Sauce
Sweet and Sour Fish

Soups

Soup Du Jour
Hot and Sour

SATURDAY/SUNDAY

Have A Great
Weekend!

USDA South Cafe

Specials

Have a great weekend!!