# USDA South Cafe

## Specials

Menu for August 19th - 23rd

## MONDAY

### Menu

#### American Classic

-Oven Roast Turkey
-Red Bliss Mashed Potatoes
-Savory Stuffing / Gravy
-Roasted Salmon with Garlic Butter
-Beef Braciole Italiano
-Braised Pork Carnitas in Mexican Achiote Sauce
-Baked Shells Gratin w/ Butternut Squash
-Coq au Vin Blanc
-Balsamic Roasted Summer Vegetables
-Raita Style Rice
-Rosemary Roasted Eggplant Tian
-Spinach and Feta Pie

#### World Cuisine

-Steamed White Rice
-Vegetable "Un-fried" Rice
-Brown "Un-Fried Rice"
-Vegetable Dumplings
-Spring Rolls
-Vegetable Lo-Mein
-Vegetable Delight
-Green Beans
-Hunan Pork
-General Tso's Chicken
-Pepper Steak with Onions
-Fish in Garlic Sauce

### Soups

-Egg Drop Soup
-Lentil Chili
--Moroccan Tomato

## TUESDAY

### Menu

#### American Classic

-Oven Roast Turkey
-Red Bliss Mashed Potatoes
-Savory Stuffing / Gravy
-Lemon Baked Tilapia w/ Garlic Almondine
-Slowwww.. Cooked BBQ Spare Ribs
-Tortilla Espanola
-Buttermilk Baked Chicken
-Baked Mac and Cheese
-Summer Squash and Carrot Saute
-Roasted Tomato, Fennel and Garlic Ragout
-Brown Rice Pilaf w/ Raisin and Almonds
-Whole Wheat Pasta

#### World Cuisine

-Steamed White Rice
-Vegetable "Un-fried" Rice
-Brown "Un-Fried Rice"
-Vegetable Dumplings
-Spring Rolls
-Singapore Noodles
-Tofu in Mushroom Sauce
-Green Beans
-Honey Ribs
-Sesame Chicken
-Beef with Broccoli
-Spicy Szechuan Fish

### Soups

-Hot and Sour Soup
-Summer 10 Vegetable
-Sweet Cherry Tomato Bisque

# USDA South Cafe

## WEDNESDAY

### Menu

#### American Classic

-Oven Roast Turkey
-Red Bliss Mashed Potatoes
-Savory Stuffing / Gravy
-Seared Salmon Cakes with Mustard Sauce
-Peruvian Roasted Chicken
-Orange- Cumin Beef Stew
-Lemon Steamed Broccoli and Carrots
-Summer Sweet Corn Pudding
-Cherry Tomato Cobbler
-Italian Meatballs
-Roast Pork Loin With Apples
-Whole Wheat Penne

#### World Cuisine

-Steamed White Rice
-Vegetable "Un-fried" Rice
-Brown "Un-Fried Rice"
-Vegetable Dumplings
-Spring Rolls
-Shanghai Style Lo Mein
-Sauteed Cabbage and Carrots
-Green Beans
-Spicy Meat Ball
-Bourbon Chicken
-Hunan Style Beef
-Steamed Curry Fish

### Soups

Chicken Soup
-Jamaican Black Bean
-Chicken Pot Pie

## THURSDAY

### Menu

#### American Classic

-Oven Roast Turkey
-Red Bliss Mashed Potatoes
-Savory Stuffing / Gravy
-Honey-lime Roast Pork
-Southern Baked Chicken
-Southwestern Meatloaf
-Mac and Cheese
-Seared Swai w/ Tomato Glaze
-Summer Vegetable Melange
-Roast Beets w/ Olive Oil
-Sicilian Stuffed Tomatoes
-Spicy Indian Style Red Beans

#### World Cuisine

-Steamed White Rice
-Vegetable "Un-fried" Rice
-Brown "Un-Fried Rice"
-Vegetable Dumplings
-Spring Rolls
-Singapore Rice Noodles
-Sauteed Zucchini and Squash
-Green Beans
-BBQ Roast Pork
-General Tso's Chicken
-Beef with Broccoli
-Steamed Fish in Sweet Chili Sauce

### Soups

Egg Drop
-Vegetable Noodle
-Pasta Fagoli

## Specials

FRIDAY

## Menu

### American Classic

-Oven Roast Turkey
-Red Bliss Mashed Potatoes
-Savory Stuffing / Gravy
-Mojo Marinated Pork and Black Bean Stew
-BBQ Chicken w/ Sweet Corn Relish
-Salisbury Steak with Mushroom Gravy
-Tilapia with Vera Cruz Salsa
-Herbed Vegetable Melange
-South Indian Vegetable Stew
-Red Pepper and Ricotta Fritatta
-BBQ and Buffalo Wings

### World Cuisine

-Steamed White Rice
-Vegetable "Un-fried" Rice
-Brown "Un-Fried Rice"
-Vegetable Dumplings
-Spring Rolls
-Szechuan Spicy Noodles
-Mixed Vegetables
-Green Beans
-Pork with Broccoli
-Orange Chicken
-Black Pepper Beef
-Fish in Black Bean Sauce

## Soups

Egg Drop Soup

SATURDAY/SUNDAY

Have A Great Weekend!

# USDA South Cafe

## Specials

Have a great weekend!!