USDA South Cafe

Specials

Menu for November 12th-15th

MONDAY

Menu

American Classic

CLOSED - VETERAN'S DAY

World Cuisine

Soups

TUESDAY

Menu

American Classic

-Oven Roast Turkey
-Stuffing and Gravy
-Mashed Potatoes
-Mac and Cheese
-Vegetable Melange
-Southern Oven-Fried Chicken
-Pot Roast
-Mahi Mahi with Lemon Butter
-Southern-Style Corn Pudding
-Wild Rice Pilaf
-Steamed Collard Greens
-Seafood Pasta

World Cuisine

-Steamed White Rice
-Vegetable Fried Rice
-Brown "Un-Fried" Rice
-Steamed Vegetable Dumplings
-Vegetable Spring Rolls
-Vegetable Lo Mein
-Beef with Broccoli
-Pork Szechuan
-Spicy Chicken with Green Peppers
-Singapore Rice Noodles
-Fish with Szechuan Sauce

Soups

-Egg Drop Soup
-Chicken and Rice

USDA South Cafe

WEDNESDAY

Menu

American Classic

-Oven Roast Turkey
-Stuffing and Gravy
-Mashed Potatoes
-Mac and Cheese
-Vegetable Melange
-Slow Cooked BBQ Spare Ribs
-Spicy Tilapia with Carrots and Celery
-Rotisserie Chicken
-Vegetarian Baked Beans
-Warm Dijon Potato Salad
-Steamed Cabbage and Carrots
-Steamed Broccoli

World Cuisine

-Steamed White Rice
-Vegetable Fried Rice
-Brown "Un-Fried" Rice
-Steamed Vegetable Dumplings
-Vegetable Spring Rolls
-Vegetable Lo Mein
-Sauteed Vegetables
-Chef's Specials

Soups

-Hot and Sour
-Creamy Carrot

THURSDAY

Menu

American Classic

-Oven Roast Turkey
-Stuffing and Gravy
-Mashed Potatoes
-Mac and Cheese
-Vegetable Melange
-Classic Chicken Marsala
-BBQ Chili Rubbed Salmon with Corn Salsa
-Salisbury Steak
-Pasta with Eggplant and Tomatoes
-Cheddar-Baked Potato Gratin
-Cumin-Roasted Cauliflower
-Quick Kale with Roasted Garlic

World Cuisine

-Steamed White Rice
-Vegetable Fried Rice
-Brown "Un-Fried" Rice
-Steamed Vegetable Dumplings
-Vegetable Spring Rolls
-Vegetable Lo Mein
-Sauteed Vegetables
-Chef's Specials

Soups

-Egg Drop
-Chicken Tortilla

Specials

Visit our dietitian for Wellness Wednesday 11:30am-1pm!

FRIDAY

Menu

American Classic

-Oven Roast Turkey
-Stuffing and Gravy
-Mashed Potatoes
-Mac and Cheese
-Vegetable Melange
-Braised Corned Beef and Cabbage
-Spicy Chicken Curry
-Beef Skirt Steak with Pico de Gallo
-Steamed White Rice
-Steamed Broccoli and Cauliflower
-Roasted Beets with Olive Oil, Garlic & Herbs
-Steamed Green Beans

World Cuisine

-Steamed White Rice
-Vegetable Fried Rice
-Brown "Un-Fried" Rice
-Steamed Vegetable Dumplings
-Vegetable Spring Rolls
-Sauteed Vegetables
-Chef's Specials

Soups

-Egg Drop
-Spicy Vegetarian Chili

SATURDAY/SUNDAY

Have A Great Weekend!

USDA South Cafe

Specials