USDA South Cafe

Specials

Menu for December 2nd-6th

MONDAY

Menu

American Classic

-Chicken Wing Theme Bar
-Oven Roast Turkey
-Stuffing and Gravy
-Mashed Potatoes
-Mac and Cheese
-Vegetable Melange
-Beef Brisket
-Tuscan-Style Pork Loin
-Chicken Marsala
-Blackened White Fish
-Rosemary Roasted Potatoes
-Roasted Root Vegetables
-Southern-Style Collard Greens

World Cuisine

-Steamed White Rice
-Vegetable Fried Rice
-Brown "Un-Fried" Rice
-Steamed Vegetable Dumplings
-Vegetable Spring Rolls
-Vegetable Lo Mein
-General Tso's Chicken
-Szechuan Pork
-Beef with Vegetables
-Szechuan Fish
-Spicy Rice Noodles
-Sauteed Green Beans

Soups

-Egg Drop
-Minestrone
-Hearty Chili

TUESDAY

Menu

American Classic

-Tex-Mex Theme Bar
-Oven Roast Turkey
-Stuffing and Gravy
-Mashed Potatoes
-Mac and Cheese
-Vegetable Melange
-Baked Italian Style Cauliflower with Beef
-Caramel Apple Pork Loin
-Sun-Dried Tomato Chicken
-Fall Vegetable Curry
-Brown Rice Pilaf
-Quick Kale w/ Roasted Garlic
-Brown Sugar Glazed Sweet Potatoes

World Cuisine

-Steamed White Rice
-Vegetable Fried Rice
-Brown "Un-Fried" Rice
-Steamed Vegetable Dumplings
-Vegetable Spring Rolls
-Vegetable Lo Mein
-Kung Pao Chicken
-BBQ Pork
-Beef with Broccoli
-Singapore Rice Noodles
-Mapo Tofu
-Fish in Garlic Sauce

Soups

-Hot and Sour
-Collard Green and Black-Eyed Pea
-Brunswick Stew

USDA South Cafe

WEDNESDAY

Menu

American Classic

-Chicken Wing Theme Bar
-Oven Roast Turkey
-Stuffing and Gravy
-Mashed Potatoes
-Mac and Cheese
-Vegetable Melange
-Roasted Beef w/ Chimichurri Sauce
-Pork Liver
-Greek Chicken w/ Capers, Raisins & Feta
-Lemon Baked Fish w/ Leeks & Tomatoes
-Warm Dijon Potato Salad
-Creamy Feta Spinach Pie
-Steamed Edamame
-Quinoa

World Cuisine

-Steamed White Rice
-Vegetable Fried Rice
-Brown "Un-Fried" Rice
-Steamed Vegetable Dumplings
-Vegetable Spring Rolls
-Vegetable Lo Mein
-Asian Hot Wings
-Spicy Meatballs
-Beef with Vegetables
-Asian Rice Noodles
-Fish in Chili Sauce
-Sauteed Green Beans

Soups

-Egg Drop
-Carrot, Ginger, and Squash
-Hearty Chili

THURSDAY

Menu

American Classic

-Tex-Mex Theme Bar
-Oven Roast Turkey
-Stuffing and Gravy
-Mashed Potatoes
-Mac and Cheese
-Vegetable Melange
-Spaghetti & Meatballs
-Roasted Pork Loin w/ Spiced Chutney
-Oven-Fried Chicken
-Fish Cakes
-Roasted Vegetable Stacks
-Mediterranean Green Beans
-Wild Rice Pilaf

World Cuisine

-Steamed White Rice
-Vegetable Fried Rice
-Brown "Un-Fried" Rice
-Steamed Vegetable Dumplings
-Vegetable Spring Rolls
-Vegetable Lo Mein
-General Tso's Chicken
-Asian Pork
-Beef with Broccoli
-Singapore Rice Noodles
-Fish in Black Bean Sauce
-Sauteed Cabbage and Carrots

Soups

-Hot and Sour
-Winter Vegetable
-Mushroom and Beef Noodle

Specials

Join our dietitian for Wellness Wednesday 11:30am-1pm in the South Cafeteria!

FRIDAY

Menu

American Classic

-Chicken Wing Theme Bar
-Oven Roast Turkey
-Stuffing and Gravy
-Mashed Potatoes
-Mac and Cheese
-Vegetable Melange
-Classic Beef Pot Roast
-Parmesan Caesar Chicken
-Savory Artichoke and Spinach Bread Pudding
-Chef's Choice

World Cuisine

-Steamed White Rice
-Vegetable Fried Rice
-Brown "Un-Fried" Rice
-Steamed Vegetable Dumplings
-Vegetable Spring Rolls
-Vegetable Lo Mein
-Hunan Chicken
-Twice-Cooked Pork
-Pepper Steak
-Taiwanese Rice Noodles
-Fish in Curry Sauce
-Vegetable Delight

Soups

-Egg Drop
-Chef's Choice
-Chicken Gumbo

SATURDAY/SUNDAY

Have A Great Weekend!

USDA South Cafe

Specials