USDA South Cafe

Specials

Menu for December 9th-13th

MONDAY

Menu

American Classic

-Rotisserie Chicken
-Stuffing and Gravy
-Mashed Potatoes
-Mac & Cheese
-Vegetable Melange
-Lemon Baked Fish w/ Julienned Zucchini & Carrots
-Spiced Pork Loin
-BBQ Beef Brisket
-Steamed Broccoli
-Roasted Vegetable Quinoa
-White Rice Pilaf
-Mediterranean Green Beans

World Cuisine

-Steamed White Rice
-Vegetable Fried Rice
-Brown "Un-Fried" Rice
-Steamed Vegetable Dumplings
-Vegetable Spring Rolls
-Vegetable Lo Mein
-Kung Pao Chicken
-Beef with Vegetables
-Honey Pork
-Spicy Rice Noodles
-Cabbage and Carrots
-Fish in Szechuan Sauce

Soups

-Egg Drop
-Chef's Choice
-Hearty Chili

TUESDAY

Menu

American Classic

-ItalianTheme Bar
-Oven Roast Turkey
-Stuffing and Gravy
-Mashed Potatoes
-Mac and Cheese
-Vegetable Melange
-Meatloaf
-Rosemary Roasted Chicken w/ Lemon
-Tilapia w/ Lemon Butter Dill Sauce
-Bacon Roasted Brussels Sprouts
-Spinach Feta Pie
-Punjabi Cabbage
-Roasted Cauliflower w/ Spiced Tomato Chutney

World Cuisine

-Steamed White Rice
-Vegetable Fried Rice
-Brown "Un-Fried" Rice
-Steamed Vegetable Dumplings
-Vegetable Spring Rolls
-Vegetable Lo Mein
-General Tso's Chicken
-Beef with Broccoli
-Spicy Meatballs
-Singapore Rice Noodles
-Vegetable Delight
-Fish in Garlic Sauce

Soups

-Hot and Sour
-Tuscan White Bean
-Chicken Tortilla

USDA South Cafe

WEDNESDAY

Menu

American Classic

-Chicken Wing Theme Bar
-Oven Roast Turkey
-Stuffing and Gravy
-Mashed Potatoes
-Mac and Cheese
-Vegetable Melange
-Oven Fried Chicken
-BBQ Pulled Pork
-Roasted Vegetable Frittata
-Warm Dijon Potato Salad
-Southern-Style Collard Greens
-Roasted Sweet Potatoes

World Cuisine

-Steamed White Rice
-Vegetable Fried Rice
-Brown "Un-Fried" Rice
-Steamed Vegetable Dumplings
-Vegetable Spring Rolls
-Vegetable Lo Mein
-Asian Hot Wings
-Hunan Beef
-Honey Ribs
-Asian Noodles
-Sauteed Green Beans
-Fish In Thai Chili Sauce

Soups

-Egg Drop
-Collard Green and Black-Eyed Pea
-Hearty Chili

THURSDAY

Menu

American Classic

-Indian Theme Bar
-Oven Roast Turkey
-Stuffing and Gravy
-Mashed Potatoes
-Mac and Cheese
-Vegetable Melange
-Classic Chicken Marsala
-Roasted Pork Loin w/ Bean Ragout
-Lemon Swai Piccata
-Fall Vegetable Curry
-Brown Rice
-Roasted Root Vegetables
-Basil Pesto Pasta

World Cuisine

-Steamed White Rice
-Vegetable Fried Rice
-Brown "Un-Fried" Rice
-Steamed Vegetable Dumplings
-Vegetable Spring Rolls
-Vegetable Lo Mein
-General Tso's Chicken
-Beef with Vegetables
-Spicy Meatballs
-Singapore Rice Noodles
-Vegetable Delight
-Fish in Black Bean Sauce

Soups

-Hot and Sour
-Winter Vegetable
-Gumbo

Specials

Join our dietitian for Wellness Wednesday 11:30am-1pm in the South Cafeteria!

FRIDAY

Menu

American Classic

-Tex Mex Theme Bar
-Oven Roast Turkey
-Stuffing and Gravy
-Mashed Potatoes
-Mac and Cheese
-Vegetable Melange
-Spicy Curry Chicken
-Beef Skirt Steak
-Turkey Salisbury Steak
-Vegetarian Pasta
-Fresh Roasted Beets
-Quick Kale w/ Roasted Garlic
-White Rice

World Cuisine

-Steamed White Rice
-Vegetable Fried Rice
-Brown "Un-Fried" Rice
-Steamed Vegetable Dumplings
-Vegetable Spring Rolls
-Vegetable Lo Mein
-Szechuan Chicken
-Beef with Broccoli
-BBQ Pork
-Taiwanese Rice Noodles
-Mapo Tofu
-Fish in Curry Sauce

Soups

-Egg Drop
-Chef's Choice
-Northern Bean & Ham

SATURDAY/SUNDAY

Have A Great Weekend!

USDA South Cafe

Specials