The People's Buffet

Specials

Menu for January 13th-17th

MONDAY

Menu

Citrus Poached Tilapia with Zucchini and Carrots Julienne
Beef Skirt Steak with Chimichurri Sauce
Southern-Style Sweet Potato Casserole
Rosemary Roasted Root Vegetables
Sweet Corn Succotash

Soups

Chef's Choice

TUESDAY

Menu

Rosemary Roasted Chicken with Fresh Lemon
Mahi Mahi with Savory Cornbread Stuffing
Green Bean Almondine
Maple-Cinnamon Glazed Carrots
Squash and Pepper Medley Herbed Pesto
Roasted Garlic Mashed Potatoes

Soups

Chef's Choice

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WEDNESDAY

Menu

Chicken with Lemon Caper Sauce
Citrus Poached Swai with Fresh Pineapple Salsa
Southwestern Quinoa Salad
Spinach, Green Beans, and Snow Peas with Roasted Garlic
Herb Roasted Potatoes
Fresh Vegetable Melange

Soups

Chef's Choice

THURSDAY

Menu

Oven-Fried Chicken
Crab Stuffed Swai
Whole Wheat Pasta with Greens, Mushrooms, and Herbs
Spicy Parmesan Green Beans with Roasted Garlic
Roasted Root Vegetables
Fresh Roasted Beets with Orange Zest

Soups

Chef's Choice

FRIDAY

Menu

Salisbury Steak
Southwestern Tilapia with Cilantro Jus and Corn Salsa
Roasted Butternut Squash
Quick Kale with Roasted Garlic
Brown Rice Pilaf with Caramelized Onions and Mushrooms
Sesame Roasted Cauliflower

Soups

Chef's Choice

SATURDAY/SUNDAY

Have A Great Weekend!

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